



LYNX

Aboriginal Student Career and Employment Program

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LYNX Post-Secondary Partners

- First Nations University
- Lakehead University
- Mount Royal University
- SAIT
- SIAST
- University of Alberta
- University of British Columbia
- University of Calgary
- University of Manitoba
- University of Northern BC
- University of Regina
- University of Saskatchewan
- University of Winnipeg
- University of Victoria

“Are You Willing to Re-locate?”

“Moving away from the familiar is never easy”

Sometimes, a fantastic opportunity may require you to relocate to another city, province, or country. Moving away from the familiar is never easy. Shell graduate recruiter, Duncan Haldane, knows this all too well, he recently relocated to Calgary, AB from northern BC in order to work for Shell Canada.

Duncan first made contact with Shell Canada at an Inclusion Works event in Edmonton, this initial meeting led to an invitation to a Shell Recruitment Day (SRD). Following the SRD, Duncan received a job offer in Calgary. This prospect meant that he would have to uproot his life and physically leave behind friends, family and home.

The challenge of relocating was softened by Shell’s Aboriginal

Network (or AB-net), a program that brings together aboriginal Shell employees once a week. These weekly meetings create rapport with work-mates, and create a feeling of inclusion within the fabric of Shell Canada’s corporate culture.

In his work, Duncan is currently visiting post-

secondary campuses to find new talent for Shell Canada. He enjoys the challenge and variety of being a graduate recruiter and has had no time to worry about the stress of relocation. LYNX would like to congratulate Duncan on his endeavors and acknowledge him for blazing the trail for new graduates.



The Top 3 Competencies Canadian Employers are looking for...

In a job interview, make sure that talk about and can demonstrate that you have...

Decision-making Skills:

- The ability to recognize and integrate business priorities and changes
- demonstrate rationality and the ability to make sound decisions in a practical manner that shows collaboration with others
- Awareness of all the different variables involved

Teamwork Skills:

- Has an honest, open, and dependable approach to working with others
- possesses strong interpersonal skills with the ability to build relationships and develop partnerships.

Dedication to Personal Excellence:

- Continuously seeks to stay on top of work/ communications trends and seeks the leading edge in his/her field and is committed to continuous learning
- Demonstrates is self-motivation and self-direction.

Learn more at: www.aboriginallynx.ca

Share your ideas effectively

Have you ever had a great idea that you wanted to share with your friends, co-workers or boss? Was your communication effective enough to influence your audience?

Five Communication Keys

1. First, try to develop your idea in your mind or even write it down, so that you have a concrete understanding of what it is your trying to communicate.

2. Follow this up by preparing the presentation of your idea; and how you want to say it and your audience. For example, if you are trying to convince your boss to buy a new software program, try to prepare your presentation with knowledge that would pertain to him and his use of the new software—this takes development and preparation on your part.

3. Next, try to use appropriate language for your audience; you



should always try to speak in a professional tone in the workplace and try to use work-related terminology, as much as possible.

4. Once you have fine-tuned your idea, share it with a trusted colleague. This stage is important because it helps you find holes in you argument and possible detractors in your presentation style.

5. Finally, speak to your intended audience, in an open and calm tone whether it's one person or a conference room full of people Remember you are going to hear feedback on your idea and you must be ready for this process. Anticipate and prepare for objections.

Effective communication is a lot of work but it may result in your idea becoming a reality, which that is all you can hope for.

OPTIMALRESUME Cover Letter :: Resume :: Interview Prep

If creating a résumé that passes a recruiter's first scan seems daunting, try OptimalResume on the LYNX website.

This interactive résumé wizard walks you through résumé building step-by-step. You will quickly change a blank page into a quality résumé in a very short time.

3 Easy Steps:

1. Login to www.aboriginallynx.ca
2. Click on the blue OptimalResume box
3. Follow the prompts

You will be prompted with questions regarding each section of your résumé: Objective, Work Experience, Qualifications, Volunteer Experience & Interests.

It even suggests ACTION words to emphasize your skills and abilities.

OptimalResume also provides résumé examples that have been well-rated by career advisors.

OptimalResume is user friendly and produces a quality résumé that gets you noticed by employers.



Do you need a workplace mentor?

A simple definition of a mentor is a wise and trusted counselor who gives support and advice to those who are usually younger or have less experience (also known as the protégé). A mentor provides insight through their own experience; the protégé is usually in need of advice due to being in the early stages of their career. A mentor not only gives guidance but can help create networking opportunities for their protégé or aid in the protégé's advancement within in their workplace.

A mentor is also a sounding board, cheerleader and editor all rolled into one person, he or she can help with problems at work; bring awareness to new skills that need developing in order to advance in the workplace; or someone just to talk to. The Mentor has a lot to offer the protégé, which is why this kind of relationships is beneficial for the protégé



The newest LYNX team member, Kendall Yellowhorn (pictured above) is graduating with degree in English Literature at the University of Calgary. He started in January 2013 as the student Marketing assistant for LYNX. "being part of LYNX has taught me so much in such a short period of time"

How do you find a Mentor?

A mentor-protégé relationship can be a formal or informal experience; many companies have a work mentor program in place that helps new employees with the transition into the workplace; also, a mentor-protégé relationship can be with an elder in one's community. The possibility of finding a mentor is quite easy, but you must choose a mentor whose goals are similar to your own, has the time to share, and possibly be in the same career path as you.



The protégé may gain insight from the relationship but the mentor also benefits from sharing their knowledge and developing their leadership skills. One day the protégé may become the mentor and the knowledge and



Suncor Energy has amazing Co-op opportunities for Students

Why Suncor?

Put yourself in our picture. At Suncor, we're invested in your success. We want you to have a job you're genuinely excited about - as well as opportunities to learn, grow and challenge yourself. Student internships offer varied project opportunities that will enhance your studies and can sometimes lead to permanent, full-time employment .

More Information: www.suncor.com/en/careers/345.aspx

www.aboriginallynx.ca

The LYNX Program

The Native Centre, University of Calgary
MSC390z, 2500 University Drive NW
Calgary AB T2N 1N4



LYNX PROGRAM OBJECTIVES:

1. To offer a high quality employment program that will provide 'links' between the employment sector and Aboriginal post-secondary students early on and throughout their academic careers
2. To ensure a smooth transition of the ever increasing population of Aboriginal people from post-secondary to employment
3. To offer an interactive web-based service that can easily connect Aboriginal students to employment opportunities and vice versa.



LYNX Sponsors are partners with the Aboriginal Community

LYNX PROGRAM SPONSORS

ATCO Group
BMO Financial Group
Cenovus Energy
Encana Corporation
HSBC Bank Canada
Shell Canada
Suncor Energy
TransCanada Corporation

Sponsors are featured in LYNX publications and on the LYNX website.

LYNX Sponsors recognize the dynamic and growing Aboriginal workforce. By sponsoring the LYNX Aboriginal Career and Employment Program they:

- Target job postings to Aboriginal students and graduates from a variety of programs in post-secondary institutions across Canada.
- Recruit Aboriginal employees, increase their corporate profiles in Aboriginal communities and advance diversity in their workplace.

- Have a company representative sit on the LYNX Sponsor Advisory Committee to provide guidance and feedback to the LYNX Program.
- Receive relevant Aboriginal and Post-secondary information and LYNX Progress Reports.

For LYNX sponsorship information,
Contact: LYNX Program Manager

lynx@ucalgary.ca